

UNITED STATES JU-JITSU

2009 National Championships

Dates: Saturday, June 27th – Sunday, June 28th, 2009

Location: The Crowne Plaza, 300 Third Street, Niagara Falls, New York

For Hotel Reservations: 1-800-953-2557

Dr. Ernest G. McPeck, J.D. - National Championships Director: 1-800-676-8087

Mr. Michael K. Piaser - Chairman, USJJF Referee Committee & PAJJU Referee Development Committee

USJJF Competition Events:

• Cadet - Junior <i>Duo</i> Divisions	• Cadet - Junior <i>Fighting</i> Divisions
• Kobudo <i>Kata</i> Divisions	• Open Weapons <i>Kata</i> Divisions
• “Ne-Waza-Jitsu-Kata”, “Goshin-Jutsu-Kata”, “E-Bo-No-Kata” & “Kime-No- -Kata”	• Free Form <i>Self Defense</i> “Single” & “Team” (Multiple) Attacker Divisions
• Senior - Executive <i>Duo</i> Divs	• Senior - Executive <i>Fighting</i> Divs.

Times are approximate. You will not compete before the appointed time, but you may still have to wait for your division if other events are still operating.

National Championships Headquarters:

USA SELF DEFENSE CENTERS, INC. 6007 BROCKTON DRIVE, LOCKPORT, NY 14094

CONTACT: Dr. ERNEST G. MCPEEK, JD at 1-800-676-8087.

NOTE: Mention “USJJF” for DISCOUNTED RATES!!

Saturday, June 27, 2009-

- 1:00 pm to 8:00 pm **“Mandatory Uniform Inspection”, “Weigh-in” and “Late Registration”** at the Crowne Plaza, 300 Third Street, Niagara Falls, New York. **Any one delayed by travel, arriving after this time, will be allowed to register with the tournament Director’s approval.**
- 1:00 pm to 7:00 pm **USJJF Competition & Referee Course** on the current JJIF Competition Rules. The course will be conducted at the **Crowne Plaza, 300 Third Street, Niagara Falls, New York** in a conference room. **Note:** This Course is a **“licensing course”** required for all persons who do not possess a current referee’s license **and / or** want to **“Referee or Coach”** at the **2009 National Championships**. For more information - (800) 676-8087. Mr. Michael K. Piaser, Chairman, USJJF Referee Committee, will be conducting the course. **Competition & Referee Course Fee: \$25.00** for anyone not already certified as a USJJF or JJIF Referee. (Checks payable to USJJF)

- 8:30 pm “**US JU-JITSU Annual Awards Banquet**”. **The Crowne Plaza, 300 Third Street, Niagara Falls, New York, 14303.**
Casual “Business Attire” required. National Championship Awards, Annual Leadership and Technical Recognition Awards to be presented. See the **Registration Form** for purchasing your tickets for the Annual Awards Banquet.

Sunday, June 28, 2009

Location of the National Championships (The Crowne Plaza, 300 Third Street, Niagara Falls, New York 14303) **For Hotel Reservations Phone: 1-800-953-2557**

- 8:30 am **Cadet** Duo, Kobudo, Open Weapons Competition.
- 9:30 am **Cadet** Free Form, Single & Multiple (Team) Attacker-Self Defense Competition.
- 10:30 am **Cadet** (14 Years & Under) Fighting Competition based on Modified JJIF Rules - details in the “USJJF Regulations for Competition”.
- Noon: *Lunch Break.*
- 12:30 pm **Junior & Senior** Duo, Kobudo, Open Weapons, Single & Multiple (Team) Attacker-Self Defense & Kata Competition.
- 2:00 pm **Junior** (15 - 20 Years & Under) Fighting “*Novice & Advanced*” Levels of Competition.
- 3:00 pm **Senior thru Executive** (21 Years & Up) Fighting “*Novice & Advanced*” Levels of Competition.

Note: All **Competitors and Officials** must be *current members* of the **United States Ju-Jitsu Federation (USJJF)** Renewal/Membership will be available at the “check-In” table.

(Extract from the USJJF Regulations for Competition)

ARTICLE VIII -“Uniform Requirements” for Competition

Section 1 - At US JU-JITSU events all competitors must wear an all-white **traditional ju-jitsu/judo gi or** (at a minimum) a **14 oz.** heavy-weight karate gi. The uniform cannot be so tight or so loose as to give an “unfair advantage” to the wearer of the gi. The sleeves of the competitor’s uniform must extend past the elbow to approximately center between the elbow and the wrist, but shall not cover the wrist. The pants of the competitor’s uniform must extend below the knee covering most of the shin, but must be at least one inch above the mat. Sleeves or pants shall not be rolled-up or cuffed-up on the competitor’s uniform during a match. Competitors must bring at least two uniforms to all USJJF Competitive Events (for safety - in case any bleeding on the gi occurs). If bleeding does occur, the match will be stopped and gi(s) with blood will be exchanged with the competitor’s extra (clean) gi. Note, competition matches will not begin without both competitors providing their extra gi to the “ring-side”. Competitors are required to provide their “own” red and blue belts to all USJJF competitions. The competitor will be instructed as to which color belt to wear during each match by the referee.

Section 2 - There can be no more than one (1) patch, logo, or adornment of any type (except brand insignia) on the gi that a competitor wears at a USJJF sanctioned competitive event except for the U.S. JU-JITSU Patch. In other words, one (1) Club Patch and the US JU-JITSU Patch may be worn on a competitor’s uniform.

- COMPETITION DIVISIONS -

- **Cadet & Junior Duo System** competition consisting of the following:
 - a. “Shodan” (**Novice** = 1st Level) – One round with *Competitor’s “free choice”* of One (1) Technique from each group of the JJIF designated Duo Attacks.
 - b. “Nidan” (**Intermediate** = 2nd Level) – Four rounds with *Competitor’s “free choice”* of Two (2) Techniques from each group of the JJIF designated Duo Attacks.
 - c. “Sandan” (**Advanced** = 3rd Level) – Four rounds with *Referee’s selection* of Three (3) Techniques from each of the JJIF designated Duo Attacks.
(Drop low and high scores and remaining points is final score.)

- **Kobudo** competition will use Standard World Kobudo Kata Competition Rules. Kobudo weapons are limited to Sai, Bo, Tonfa, Nunchaku, Eku and Kama. (*Separate Cadet thru Executive Age Group Divisions*)
No sharpened blades.

- **Open Weapons** competition will include any other martial arts weapon (not in the Kobudo list). No firearms or replicas permitted. No sharpened blades.
(*Separate Cadet thru Executive Age Group Divisions*)

- **“Free Form” Single Attacker – Self Defense** competition consisting of one defender and one attacker. Defender will be empty-handed and demonstrate up to **45 seconds** of defenses against attacks. Judging method and standards for JJIF Duo Competition will be used. (*Separate Cadet thru Executive Age Group Divisions*)

- **“Free Form” Team Self Defense** competition consisting of one defender and multiple (limit 4) attackers. Defender will be empty-handed and demonstrate up to **60 seconds** of defenses against attacks. Judging method and standards for JJIF Duo Competition will be used. (*Separate Cadet thru Executive Age Group Divisions*)

- **Self-Defense Kata competition consisting of the following Kata:**
(*Separate Divisions for Each Kata.*)
 - a. Ne-Waza-Jitsu-Kata
 - b. Goshin-Jutsu-Kata
 - c. E-Bo-No-Kata
 - d. Kime-No-Kata(*Separate Cadet thru Executive Age Group Divisions*)

- **Senior thru Executive Duo System** competition consisting of the following:
 - a. “Shodan” (**Novice** = 1st Level) – One round with *Competitor’s “free choice”* of One (1) Technique from each group of the JJIF designated Duo Attacks.
 - b. “Nidan” (**Intermediate** = 2nd Level) – Four rounds with *Competitor’s “free choice”* of Two (2) Techniques from each group of the JJIF designated Duo Attacks.
 - c. “Sandan” (**Advanced** = 3rd Level) – Four rounds with *Referee’s selection* of Three (3) Techniques from each of the JJIF designated Duo Attacks.

(Drop low and high scores and remaining points is final score.)

“Cadet” Fighting System (14 Years & Under) - USJJF Fighting System Rules. Modified JJIF rules for Youth divisions. Separate Novice and Advanced Divisions. *Note: Youth Fighting System rules include “All Three Parts” of the match.* NOTE: No Choking or Joint Locks allowed for ages 13 & under. Required Safety Equipment include; “Soft Hand Pads (with Fingers & Thumbs exposed) and Shin & Instep Pads. **Safety Pads may only be Red or Blue** in color. Each competitor is required to have both colors of safety pads.

For further, see: “**USJJF Regulations for Competition**” at www.usjif.org.

Note: New Age Divisions as of 2009 per JJIF’s Competition Program.

- **JJIF “Junior” Fighting System (Ages 15 - 20 Years)** for “**Novice and Advanced**” Divisions. Competition using JJIF Rules and standard weight classes. Required Safety Equipment include; “Soft Hand Pads (with Fingers & Thumbs exposed for gripping) and Shin & Instep Pads. Note: **Safety Pads** must be **Red** or **Blue** in color.

JJIF conducts the “World **Junior** Ju-Jitsu Championships” every two years.

- **JJIF “Senior” Fighting System (Ages 21 - 30 Years)** for “**Novice and Advanced**” Divisions. Competition using JJIF Rules and standard weight classes. Required Safety Equipment include; “Soft Hand Pads (with Fingers & Thumbs exposed for gripping) and Shin & Instep Pads. Note: **Safety Pads** must be **Red** or **Blue** in color.

JJIF conducts the “World **Senior** Ju-Jitsu Championships” every two years.

US Citizenship or Legal Permanent Residency - “Green Card” is Required for the JJIF Junior & Senior Competition Divisions. **United States Citizens must provide a copy of **their passport or a birth certificate**.**

Note: The “**USA Team Selection Program**” includes these “**JJIF Divisions**” for consideration (along with the team selection camps and previous competitions) to select the next “**USA JUNIOR TEAM**” which will represent the USA in the **WORLD JU-JITSU CHAMPIONSHIPS** conducted by the Ju-Jitsu International Federation (JJIF), hosted by the Greek Ju-Jitsu Federation in November 2009 in Athens, Greece.

- **JJIF “Master” Fighting System (Ages 31 - 40 Years)** for “**Novice and Advanced**” Divisions. Competition using JJIF Rules and standard weight classes. Required Safety Equipment include; “Soft Hand Pads (with Fingers & Thumbs exposed for gripping) and Shin & Instep Pads. Note: **Safety Pads** must be **Red** or **Blue** in color.

- **JJIF “Executive” Fighting System (Ages 41 Years & Up)** for “**Novice and Advanced**” Divisions. Competition using JJIF Rules and standard weight classes. Required Safety Equipment include; “Soft Hand Pads (with Fingers & Thumbs exposed for gripping) and Shin & Instep Pads. Note: **Safety Pads** must be **Red** or **Blue** in color.

Note: Each competitor in All Fighting Divisions is required to have both colors of safety pads.

Note: Competitors are required to provide their own “Safety Pads” and “Belts” of “both” Red & Blue color to USJJF Competitive Events.

See **JJIF** Competition Rules at www.usjif.org

NOTICE OF POSSIBLE TESTING FOR BANNED SUBSTANCES

For competitors, testing, in accordance with procedures of the JJIF & THE WORLD GAMES, may be conducted by the United States Anti-Doping Agency (USADA) - the independent testing agency for sports in the United States. In the event there is a question concerning whether or not a substance is on the list, you may call the Drug Reference Hotline at **1-800-223-0393**. If you prefer, you can send your correspondence and inquiries to: United States Anti-Doping Agency, 1265 Lake Plaza Dr., Colorado Springs, CO 80906. Other useful information can be found by visiting USADA's website: <http://www.usantidoping.org/>

Competition will be **Double Elimination** wherever possible.

Awards will be “Custom Olympic Style” 1st, 2nd & 3rd place **US JU-JITSU** National Championship Medals. **Other Special Awards** to be presented at the **Annual Awards - Recognition Banquet**.

Competitors: Complete and submit the “Entry Form” before June 15, 2009 to avoid the late fee.

For further details or questions email: Mr. Ernest G. McPeck, J.D., National Championships Director at [1-800-676-8087](tel:1-800-676-8087).

National Awards for 2009 will be presented at the USJJF Annual Awards Banquet includes:

1. Outstanding Female Junior Competitor Award
2. Outstanding Female Senior Competitor Award
3. Outstanding Male Junior Competitor Award
4. Outstanding Male Senior Competitor Award
5. Outstanding Female Junior Technician Award
6. Outstanding Female Senior Technician Award
7. Outstanding Male Junior Technician Award
8. Outstanding Male Senior Technician Award
9. Outstanding Male Junior Technician Award
10. Outstanding Female Sportsmanship Award
11. Outstanding Male Sportsmanship Award
12. Outstanding Coach of the Year Award
13. Outstanding Referee of the Year Award
14. Outstanding Ju-Jitsu Sensei Award of the Year
15. Outstanding Judo Sensei Award of the Year
16. Presidential Leadership Awards
17. Founder’s Recognition Awards
18. Outstanding Team Competition & Participation Awards
19. Additional Awards to be announced...

Note: Also coming in **November 2009**, USJJF will conduct the –

“George E. Anderson Ju-Jitsu Classic Open Championships”!

November 7, 2009 in Stow, Ohio USA

- Details Coming -