

# UNITED STATES JU-JITSU FEDERATION



**USJJF** NEWS

**US JU-JITSU**



USA Member:  
General Association of  
International Sports  
Federations  
(GAISF)



USA Member:  
Ju-Jitsu International  
Federation  
(JJIF)



USA Member:  
International World  
Games Association  
(IWGA)

## The USA National Governing Body for Ju-Jitsu

Volume 1, Issue 1  
quarterly report

December 2002

**US JU-JITSU**

*"Instructor of the Year"*

**Delva R. Mandrell**



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Under the patronage of the  
International Olympic Committee

## Welcome to US JU-JITSU NEWS!! "First Edition"



On behalf of the USJJF Board of Directors & National Office Staff, I am very pleased to announce and welcome you to **US JU-JITSU NEWS**, the new "Official Newsletter" of the United States Ju-Jitsu Federation, (USJJF). Since its beginning in 1971, the USJJF has been the innovative leader in the development of ju-jitsu across the USA! Bringing ju-jitsu into the 21<sup>st</sup> Century with all of its historical traditions, legacies and dynamics of self-defense training and now also the "sport expres-

sion" of ju-jitsu, has provided both opportunities as well as challenges for the USJJF.

It is our hope and intent to broaden the level of communications, education and recognition of achievements to our membership through this new periodic publication. Our goal is to publish **US JU-JITSU NEWS (USJJ News)** quarterly as well as extra occasional special issues. USJJ News will be posted on USJJF's website, [www.usjjf.org](http://www.usjjf.org), and mailed out to each registered club.

In order to make "**USJJ News**" as dynamic and productive as possible, it will take many con-

tributing writers and photographers to submit their news worthy stories, articles or reports on events, "people in ju-jitsu", and special achievements! Thus, we are asking for volunteers to "step forward" and provide the leadership, creativity and information to make "**Your USJJ News**" the most Dynamic Ju-Jitsu Publication Available in the USA! Please submit your contributions, comments or suggestions on "**USJJ News**" to the USJJF National Office, 3816 Bellingham Drive, Reno, NV, USA 89511

or by email to:

[nathq@usjjf.org](mailto:nathq@usjjf.org)

## Sensei Delva R. Mandrell, USJJF "Instructor of the Year"

The USJJF "**Instructor of the Year**" was presented to Sensei Delva R. Mandrell, Chief Instructor of the Circle of Iron School of Martial Arts in Ninnekah, Oklahoma. Sensei Mandrell is a long time "State Leader" in Oklahoma with

the USJJF & USMAF. During these past few years she has also been very active as a "National Leader" working to build US JU-JITSU & other martial arts across the USA.

**Continued on page 2:**



## 2002 USJJF “Instructor of the Year” – continued

Sensei Mandrell is a very consistent & hard working leader on the USJJF Board of Directors. She has the focus, vision & the strength to accomplish many great achievements. USJJF is very blessed to have many such LEADERS as Sensei Mandrell.

Another Special Achievement, she has over **20 USJJF “Life Members”** in her school and one of the largest registered USJJF member schools in the USA.

Thanks to Sensei Mandrell, the Circle of Iron Martial Arts School has produced many outstanding ju-jitsuka! As the President of USJJF, I wish to extend my personal recognition and sincere thanks to Delva for all that she does to help her students, the USJJF and the martial arts community. (BTW, when she is not teaching in her martial arts school or working on a State or National Level for USJJF, she is helping to maintain our National Security working at Tinker Air Force Base, Oklahoma.)



**Sensei Delva R. Mandrell**  
Ninnekah, Oklahoma

## USJJF Provides New Official Hankos for its Members

We are happy to announce that we have selected **the Japanese Connection** as the **OFFICIAL Custom-Made Stamp Service** for the **United States Ju-Jitsu Federation!**

The Japanese *hanko* is a seal, sometimes called a “chop”, made from materials such as horn, wood or stone, and is imprinted with the bearer’s name or title, a favorite virtue, a creed, an organization’s name, and sometimes even graphic artwork. It is used for a multitude of purposes, including authorizing legal transactions for individuals and organizations, signing artwork, and certifying achievements in sports, artistry, vocation, etc. The Japanese impression of a *hanko* is virtually synonymous with the Western signature.

*Hankos* were formally introduced to Japan in 701 AD, but were available only to those in

positions of high authority. During the early to mid-seventeenth century, the general populace adopted *hankos*. Interestingly, the common people of Japan were not allowed to have family



names until the late nineteenth century, so there must have been much confusion with *hankos* prior to this time with so many people having the same name.

The *hankos* sold by the Japanese Connection are made by Kitaji-san, whose *hanko* business was begun by his great, great grandfather, 126 years ago. The founder was a *samurai* who became master-less (a *ronin*) by the new drive of the Japanese government to shed its old feudal ways and open the country to Western ideas.

The modern Kitaji-san’s business, although very successful, still sells only hand-carved *hankos*, in spite of the advent of sophisticated carving machines.



Pricing and order options coming soon to [www.usjjf.org](http://www.usjjf.org)

# 2002 National Championships—A Great Success!!!

Athletes, Officials & Representatives from over 30 states came together in Akron, Ohio 13– 15 September to renew old friendships, meet new friends, celebrate personal & organizational achievements at the USJJF/JJNAU Annual Awards Recognition Banquet, the US JU-JITSU National Seminars and the 2002 Jr. & Sr. National Championships. This year's Awards Banquet & National Training Seminars were conducted in the Radisson Hotel in Akron and the US JU-JITSU National Championships were held in the James A. Rhoads Arena, Akron University. The USJJF & the USA Karate Federation (USAKF) combined their efforts & annual activities into one "Great Weekend" which made for a "Grand Event" with Hundreds of Athletes, Officials and Spectators! This year, Zebra Mats Company provided the traditional tatami mats for the US Ju-Jitsu National Championships. We sincerely appreciate Zebra's Support to this year's major event! As in past years, we have seen growth in the number of athletes, coaches & officials attending the US JU-JITSU Nationals. We should note that this year, the number of represented states from across the USA grew from 21 to 32.



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There were athletes & officials from every region of the country!

Every "even numbered" year the United States Ju-Jitsu Federation, (as the USA National Governing Body for Ju-Jitsu with the JJIF) has the responsibility to build, qualify & select the "USA Ju-Jitsu Team" to officially represent the United States of America at the WORLD CHAMPIONSHIPS. The Ju-Jitsu International Federation (JJIF) conducts the Official World Championships. The JJIF is the recognized World Governing Body for Ju-Jitsu, [www.jjifweb.com](http://www.jjifweb.com), by the General Association of International Sports Federations (GAISF), and the International World Games Association (IWGA). The Ancient Art of Ju-Jitsu is also a member of the Olympic Family of Sports through the WORLD GAMES, which is conducted with the support and under the patronage of the International Olympic Committee (IOC). Last year's 6<sup>th</sup> World Games held in Akita, Japan was an "Awesome Experience" (See USJJF President's Report of the 6<sup>th</sup> World Games: [http://www.usjujitsu.net/news/world\\_games/index.htm](http://www.usjujitsu.net/news/world_games/index.htm)) The World Games are held every four years (same as the Olympic Summer & Winter Games).



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# Leadership & the Martial Arts, Part 1, Kyoshi Robert M. Carver



For over 200 years, the United States Marine Corps has exemplified the finest in military virtue. Its success in battle is unmatched and the credit for this success can be summed up in one word: Leadership.

What truly sets Marines apart from all the others is leadership. Leadership is encouraged from the moment a young man or woman enters boot camp, and is emphasized throughout their career. Leadership applies to all areas including yourself, in that a strong part of leadership is self-discipline and performing to the very best of your capabilities whether you are under direct supervision or not.

Leadership is not simply bossing around others, but is a selfless giving of yourself to guide and direct the activities of others or a group. The Marine Corps has established a set of guidelines called Leadership Principles, which help leaders in their day to day contact with their subordinates.

**The Marine Corps Leadership Principles are:**

- Know yourself and seek self-improvement.
- Be technically and tactically proficient.
- Develop a sense of responsibility among your subordinates.
- Make sound and timely decisions.
- Set the example.
- Know your Marines and look out for their welfare.
- Keep your Marines informed.
- Seek responsibility and take responsibility for your actions.
- Ensure assigned tasks are understood, supervised, and accomplished.
- Train your Marines as a team.
- Employ your command in accordance with its capabilities.

As Martial Art Instructors, we have unique challenges in our responsibilities toward our students. It is no longer enough that we are proficient in kicking, punching, throwing and twisting joints. These days, Instructors must be good leaders and mentors to our students, and guide them in their Martial Arts development. The goal of every instructor should be to produce students that can carry on the traditions of their system and their legacy. However, today we are faced with young students who are often without a

"father-figure" in their home, or lack a proper role model. Morality and self-discipline are only words that they have rarely heard, and likely do not know the meaning of.

The Instructor's Leadership and the Mentorship they provide may be the only thing that separates a child who may someday be a success and one that will continue to fill our prisons.

I believe that the very same Leadership Principles can be applied to Instructors of the Martial Arts by changing a few words around to fit our unique circumstances. By applying these principles to your day to day interaction, you will benefit yourself, your students, and the Martial Arts as a whole.

### Know yourself and seek self-improvement.

When does learning in the Martial Arts end? If we are wise, then we never stop learning both our Art, and other things that supplement it.

Instructors should always seek to constantly improve themselves and through self-awareness recognize their own strengths, weaknesses, assets, and limitations. Recognize your strengths and assets and exploit them. Find your weakness and limitations and conquer them.

### Be technically and tactically proficient.

Technical excellence is paramount for an instructor. Constantly practicing to maintain and improve your skills is a part of the never-ending journey that is the Martial Arts.

Again, this applies directly to the paragraph above. Seeking self-improvement sets the example for your students.

If a student asks something you don't know, don't "BS" them. Tell them you are not certain of the correct answer, and immediately seek to learn the correct answer. When you have the answer, get back to your student. Student's know when they are being fooled, just don't open your mouth and be the fool.

**Continued**  
next issue of  
**US JU-JITSU**  
**NEWS.**

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# UNITED STATES TAIHO JUTSU - A Historical Perspective by Renshi Richard Dunn

**What is the difference between the techniques in Taiho Jutsu and Ju-Jitsu, Aikido, Judo, China, Harwango, Karate, Kung-Fu, Tae kwon do, Dim-Mak, Kyusho Jitsu, Etc.Etc.? NOTHING!!**



What is the difference in the application of techniques between them? **EVERYTHING!!** Ju-Jitsu; the "gentle art", Judo; the "gentle way", Aikido; the "spiritual way", Karate; the "empty hand". Old Karate; the "China hand", Kempo (Kenpo); the "The Fist". It wasn't until 1936 that karate was called anything else but "The Hand" it was around 1920 that Gichin Funakoshi changed the Kangi to "Empty Hand" however most everyone called it "The

Hand", they just said it in different languages. The main reason people changed the application (approach) of the "art" is because the



LAW CHANGED! It all basically started with BodiDarma C.527 when he brought from India to the Shaolin temple a method of physical conditioning for intensive meditation. About the closest thing we could call it today is Qi gong (chi kung etc.etc.). Without getting into an in-depth historical dissertation (maybe later), the Shaolin monks over many years developed this training into an effective martial art when they became the "Police Force" or "Commandos" for whichever War Lord needed their services. At some time during this developmental period a monk traveled to a temple in Japan and Wola!, the beginnings of today's Jujitsu. Then the LAW CHANGED

in China! The War Lords felt the Shaolin monks were getting out of control. They had to change their training methods to disguise the application or approach of the techniques so they wouldn't get in trouble. A few hundred years

ago in Japan and Okinawa the LAW CHANGED and the Okinawans had the same problem. Then again in 1868 the law changed and Jujitsu in Japan had to change. This set the stage for the birth of Aikido and Judo. They used the excuse that it was spiritual or sport so it

would be acceptable to THE LAW. In Okinawa karate was changed,

they used the excuse that it would benefit the health of the kids in middle school and it was "the law" Itosu sensei a police chief who did it. The police

however pretty much had a free "hand" in the techniques they used clear up into and through the 1970's. My father was a deputy sheriff in Riverside County California in the 1930's. He told me they would shoot the bloated bodies to let the gas out of hobos who had fallen off the train. Can you imagine that happening today! Until 1989, if you were a demonstrator you could legally get your head busted by police riot baton for not getting off the street. It was not until the 1989 case "Graham v Connors USSC" that many law enforcement agencies even had a procedure manual for the "use of force". The Japa-

nese, however in 1947, were actually identifying to their officers specific techniques that were documented in a manual, "Taiho Jutsu". Taiho Jutsu, can be used as an international name for "Continuous Police Defensive Tactics". Taiho Jutsu is a constantly changing art as THE LAW constantly changes. The arrest procedures will



change with the laws however the self defense techniques that have proven effective over the centuries may remain "a constant" as long as we slide them up and down the use of force continuum as the LAW CHANGES.

**The big difference between Taiho Jutsu and the other arts** are how

you teach it to law enforcement. Skills must be executed:  
1. Legally  
2. Quickly  
3. Effectively.



## Upcoming US Taiho Jutsu Training and Certification;

Date: January 20 - 24, 2003  
Location: Las Vegas, NV  
Cost: Basic Instructor \$395.00  
Re-certify instructor, \$295.00

# US JU-JITSU NEWS

## Upcoming Issues

### Events:

- JJIF Official World Championships in Uruguay, November 22 - 24, 2002
- 2003 US JU-JITSU National Championships, TBA
- Spring National Training Camp, TBA,
- JJIF International Congress in Slovenia, April 18-20, 2003
- USA Ju-Jitsu Congress in Las Vegas, NV, May 2-4, 2003
- JJNAU Continental Training Camp in Washington D.C. USA, June 6-8, 2003

### Next Issue:

- An "Update" from the President
- Leadership and the Martial Arts, Part II
- Report of JJIF World Championships
- Ju-Jitsu Training Tips
- Interview with USJJF Leaders
- Progress Report on the Ju-Jitsu North American Union (JJNAU)
- Growth in the RJJOs!
- **AND MORE!**



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